

# High School Lunch Menu

September 2023 – July 2024

Menu Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Cumberland Sausage with Onion Gravy Creamy Mash(v) Carrots(vg)	BBQ Chicken Goujons Potato Wedges(vg) Baked Beans(vg)	Turkey & Leek Pie Boiled Potatoes(vg) Carrot Batons(vg)	Beef Bolognese Garlic Bread(v) Mixed Vegetables(vg)	Battered Fish Chips(vg) Mushy Peas(vg)
<b>Choice Two Vegetarian/ Meat Free</b>	Pasta Arrabiatta(v) Garlic Dough Balls(v) Broccoli(vg)	Chickpea & Spinach Curry(vg) Fluffy Rice(vg) Garden Peas(vg)	Sweet & Sour Vegetables(vg) Egg Noodles Green Beans(vg)	Pepper & Quorn Fajita(v) Seasoned Wedges(v) Sweetcorn(vg)	Vegetable Chilli (vg) Steamed Rice(vg) Mixed Salad(vg)
<p><b>we serve freshly prepared seasonal vegetables</b>  <b>Watch out for our daily Chefs Special and Pop-up Theme Days</b>  <b>Menu is subject to availability</b></p>					
<b>Dessert</b>	Apple Crumble(v) & Custard(v)	Lemon Drizzle Cake(v) Chilled Drink	Vanilla & Chocolate Cookie(v) Chilled Drink	Marble Sponge(v) & Custard(v)	Carrot Cake Muffin(v) Chilled Drink

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Menu Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Margherita Pizza(v) Potato Wedges(vg) Garden Peas(vg)	Chicken Jalfrezi Steamed Rice Naan(v) Mint Raita(v)	Mince & Dumplings Creamed Potato(v) Carrots(vg)	Spanish Style Chicken Patatas Bravas(v) Green Salad(vg)	Fish Fingers Chips(vg) Mushy Peas(vg)
<b>Choice Two Vegetarian/ Meat Free</b>	Southern Style Meat Free Dippers(v) Potato Wedges(vg) Red Cabbage(v)	Cheese & Potato Pasty(v) Roast Potatoes(v) Baked Beans(vg)	Quorn Sausages(vg) Creamed Potatoes(v) Broccoli(vg)	Roasted Vegetable Quiche(v) Roast Potatoes(v) Baked Beans(vg)	Turkish Quorn Flatbread (v) Pilav Rice(v) Beetroot(vg)
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<b>Choices of Dessert</b>	Chocolate Brownie(v) Chilled Drink	Flapjack(v) & Custard	Very Berry Cheesecake(v) Chilled Drink	Sticky Date Pudding(v) Ice Cream	Ginger Sponge(v) & Custard

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Menu Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice One</b>	Sausage Roll Roast Potatoes(v) Baked Beans(vg)	BBQ Pulled Pork in a Baguette Potato Wedges(vg) Coleslaw(v)	Minced Beef & Potato Pie Creamed Potatoes(v) Swede(vg)	Roast Chicken Fillet Yorkshire Pudding Mashed Potato(v) Cauliflower(vg)	Fish Cake Chips Beetroot (vg)
<b>Choice Two Vegetarian/ Meat Free</b>	Keema Quorn(v) Steamed Rice(vg) Garden Peas(vg)	Quorn Burger(v) Potato Wedges(vg) Sweetcorn(vg)	Mac n' Cheese(v) Hash Browns(v) Mixed Salad(vg)	Quorn Fillet(v) Mashed Potatoes(v) Savoy Cabbage(vg)	Vegetable Lasagne Garlic Bread(v) Peas(vg)

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<b>Dessert</b>	Sticky Orange Sponge & Custard	Lemon Shortbread Slice(v) Ice Cream	Banana & Chocolate Muffin(v) Chilled Drink	Fresh Fruit Salad(vg) Chilled Drink	Iced Cinnamon Cake(v) Chilled Drink
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