Subject Aims	Topics covered/skills	Assessment	Independent	External
	developed		Study Advice	Links
Unit 1 Building	Understand the skills and	Written report	Participate in	
leadership	behaviours needed for	either in	organised sport	
skills	effective leadership	workbook or	and physical	
	Understand the	online	activity outside of school.	
	importance of leadership	Written report	of school.	
	skills and behaviours in a	either in	Various level 1	
	range of situations	workbook or	coaching	
		online	qualifications	
			are available for	
	Be able to manage the	Completion of	learners to	
	development of own	skills audit self	undertake.	
	leadership skills	assessment		
		_	Use online	
	Be able to take on the	Observed	resources such	
	roles and responsibilities	throughout the	as Youtube to	
Unit 2 Plan,	of a sports leader	qualification	watch coaching demonstrations.	
lead and	Be able to plan	Completion of at	demonstrations.	
evaluate	structured, inclusive and	least two session		
sport/physical	safe sport/physical	plans		
activity	activity sessions			
sessions				
	Be able to lead	Observed		
	structured, inclusive and	practical		
	safe sport/physical	demonstration		
	activity sessions			
	Be able to evaluate	Written self-		
	sport/physical activity	evaluation in		
	sessions	workbook or		
Unit 3 Assist in		online		
planning and				
leading a	Understand the different	Written report		
sports/physical	types of sports/physical	either in workbook or		
activity event	activity event	online		
		- Cilline		
	Be able to assist in	Written report		
	planning a	either in		
	sports/physical activity	workbook or		
	event	online		
	Be able to assist in	Observed		
	leading a sports/physical	practical		
	activity event	demonstration		
	,			

Unit 4 - Lead	Be able to evaluate a	Written self-	
sport/physical	sports/physical activity	evaluation in	
activity	event	workbook or	
sessions in		online	
your			
community	Be able to lead	Observed	
	sport/physical activity	practical	
	sessions in your	demonstration –	
	community	minimum of 10	
		hrs.	